

# START Leadership & SEL Training

## for Health & Physical Educators

### Training Course Overview

Through the lens of Leadership and SEL, this Live + Online Course will provide you with an opportunity to advance your professional leadership skills, build the leadership mindset, skill set, and meaningful connections your students need, and to expand your role and impact in your school, district, and community.

Whether online or in person, you will discover how to embed START's proven leadership framework into your work with students and your colleagues to create a culture that fosters leadership development in your school community.

Over 6 to 8 weeks, the 3-part course requires a commitment of 3 to 4 hours per week which will include 4 Zoom meetings + assignments that include reading, reflecting, and developing your leadership plans as well as interacting with instructors and classmates on an online classroom platform.

### Course Objectives

Upon completion of this course, including all reading and assignments, you will

1. Develop a Leadership Mindset and Skill Set, able to identify, articulate, and connect WHO you are at your best and WHAT you care about with WHERE and HOW you can contribute to the worthwhile ways
2. Articulate the Strategic purpose of teaching and school and clarify your specific purpose and role as a teacher
3. Create a Leadership Development culture in your classroom, fostering students' skills and ability to identify, articulate, and connect WHO they are and WHAT they care about with WHERE and HOW they can contribute meaningfully, now and in the future.
4. Weave SEL + Leadership training opportunities into daily activities to develop your students' essential knowledge and skills
5. Plan to effectively introduce START to your administration
6. Master the skills to launch START Leadership Training in your school

## **Course Outline: Online Classroom Sessions**

### **Part I: Mastering Your Leadership Mindset & Skillset**

Session 1: Introduction: The Value of a Leadership Mindset

Session 2: The Complete Leader & The WIN Map

Session 3: The START Leadership Plan

Session 4: Implementing Your Leadership Plan

### **Part II: Developing Student Leadership**

Session 5: START with Why: Establish Your Classroom Vision, Values & Goals

Session 6: Introducing the Language of Leadership & The WIN Map

Session 7: Aligning Your Class Activities to Create Leadership Experiences

Session 8: Facilitating the Development of Student Leadership

### **Part III: For START Leadership Certification – Level 1**

Session 9: Introducing START to Your Administration

Session 10: Launching START Leadership Training at Your School

## **Additional Information**

- For those chosen to participate, the course and training materials are offered at no charge.
- In some US states, this course can serve as professional development hours. CEUs are in process but are not yet available.
- More information on the work we've done in the past 16 years in schools and with families are available at [START-Leadership.com](http://START-Leadership.com)